

# INCARNATE WORD HIGH SCHOOL

2009 CROSS COUNTRY SCHEDULE					
As of July 24, 2009					
DATE	DAY	MEET	SITE	JV	VAR
TBD		Mass/Potluck	UIW Chapel/IWHS	10:30	
Aug 29	Sat	Northside Invitational	Hardin Complex	9:00	8:00
Sep 5	Sat	Southwest ISD	Southwest	8:00	8:00
Sep 12	Sat	Medina Valley Team Relay	Castroville	8:00	8:00
Sep 17	Thu	IWHS Shamrock Classic	Brooks City-Base	6:00p	5:00p
Sep 23	Wed	Judson H.S.	Judson H.S. Gray	8:00	8:00
Oct 3	Sat	TLU	TLU	8:00	8:00
Oct 10	Sat	Open			
Oct 14	Wed	Central Catholic Relays	Mission County Park	5:00p	N/A
Oct 17	Sat	TAPPS State Meet	Waco	N/A	9:00

Note: The times of the races are subject to change. More information about the specific race times will be given as the meets near.

Athletic Director: Nicki Gonzalez

Principal: B.J. Nelsen

Head Coach: Maeve Goetz