

Incarnate Word High School Track and Field School Records



100 meters	Alexa Vessell		12.43	2009
200 meters	Alexa Vessell		26.20	2010
400 meters	Jourdin Stewart		60.92	2008
800 meters	Maureen Lloyd		2:17.74	2004
1500 meters	Maureen Lloyd		5:06	2001
1600 meters	Jackie Davis		5:14.15	2003
3000 meters	Maureen Lloyd		11:17.02	2004
3200 meters	Jackie Davis		11:45.32	2002
100m hurdles	Bernie Ludolph		15.3	1993
300m hurdles	Emily Phillips		46.32	2011
4x100 relay	Khris Heard	L. Tschoepe		
	Alice Kennedy	S. Sweeney	50.28	1986
	C. Harris	L. Navarro		
	E. Migeon	A. Vessell		2011
4X200 Relay	Khris Heard	Alice Kennedy		
	L. Tschoepe	S. Sweeney	1:46.95	1983
4x400 Relay	Jourdin Stewart	Kaitlynn Dooley	4:14.78	2008
	Becky Peth	Julianna Abercrombie		
4x800 Relay	Maureen Lloyd	Jessica Moore	10:07.99	2002
	Jennifer Moore	Jackie Davis		
Distance Medley Relay	Jessica Moore	Vickie Mery	13:39.41	2002
	Jennifer Moore	Maureen Lloyd		
Sprint Medley Relay	Michelle Moore	Maeve Goetz	4:48.70	2004
	Kayla McGloin	Karen Chaplin		
Long Jump	Kristina Heard		17'3"	1986
Triple Jump	Amanda Johnson		35'11/2"	2011
High Jump	Rebekah Davis	Lily Ogden	5'2"	1996/2009
Shot Put	Stephanie Joseph		33' 0"	1994
Discus	Antoinette Conchin		102' 4"	2006
Pole Vault	Brady Garza		10' 0"	2006

INDOOR TRACK RECORDS

60 Meters	<i>Alexa Vessell</i>	8.46	2010
Mile Run	<i>Allison Kincer</i>	06:17.3	2010
High Jump	<i>Lily Ogden</i>	4'7"	2010
Pole Vault	<i>Michelle Tedrowe</i>	7'0"	2010
3200 Meters	<i>Allison Kincer</i>	12:15.7	2011
Triple Jump	<i>Amanda Johnson</i>	31'4"	2011
400 Meters	<i>Alexa Vessell</i>	01:05.7	2011