

Incarnate Word High School Track and Field School Records

100 meters	Alexa Vessell		12.43	2009
200 meters	Alice Kennedy		26.26	1987
400 meters	Jourdin Stewart		60.92	2008
800 meters	Maureen Lloyd		2:17.74	2004
1500 meters	Maureen Lloyd		5:06	2001
1600 meters	Jackie Davis		5:14.15	2003
3000 meters	Maurenn Lloyd		11:17.02	2004
3200 meters	Jackie Davis		11:45.32	2002
100m hurdles	Bernie Ludolph		15.3	1993
300m hurdles	Megan Mazour		47.52	2000
4x100 relay	Khris Heard	L. Tschoepe	50.28	1986
	Alice Kennedy	S. Sweeney		
4X200 Relay	Khris Heard	Alice Kennedy	1:46.95	1983
	L. Tschoepe	S. Sweeney		
4x400 Relay	Jourdin Stewart	Kaitlynn Dooley	4:14.78	2008
	Becky Peth	Julianna Abercrombie		
4x800 Relay	Maureen Lloyd	Jessica Moore	10:07.99	2002
	Jennifer Moore	Jackie Davis		
Distance Medley Relay	Jessica Moore	Vickie Mery	13:39.41	2002
	Jennifer Moore	Maureen Lloyd		
Sprint Medley Relay	Michelle Moore	Maeve Goetz	4:48.70	2004
	Kayla McGloin	Karen Chaplin		
Long Jump	Kristina Heard		17'3"	1986
Triple Jump	Amanda Johnson		34'11"	2009
High Jump	Rebekah Davis		5'2"	1996
Shot Put	Stephanie Joseph		33' 0"	1994
Discus	Antoinette Conchin		102' 4"	2006
Pole Vault	Brady Garza		10' 0"	2006

INDOOR TRACK RECORDS

60 Meters	<i>Alexa Vessell</i>	8.46	2010
Mile Run	<i>Allison Kincer</i>	06:17.3	2010
High Jump	<i>Lily Ogden</i>	4'7"	2010