

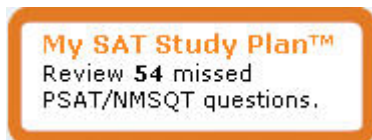
My College QuickStart™ Lesson Plan:

Name: _____

Grade Level(s)	Grades 9–12
Goal(s)	Students will become familiar with the SAT® essay.
Time Required	30–45 minutes
Materials Needed	For each student: <ul style="list-style-type: none"> • A computer with access to a printer • Access to My College QuickStart™ • A copy of the Warm Up for the SAT Essay worksheet
Before You Begin	<ul style="list-style-type: none"> • Ensure that all students can access My SAT Study Plan™ on My College QuickStart.¹
Student Objectives	<ul style="list-style-type: none"> • Become familiar with the SAT essay directions, prompt, and scoring criteria. • Practice planning a timed essay.

Student Assignment

1. Go to **www.collegeboard.com/quickstart** and click “Sign In.” See the Connecting to My College QuickStart with an Access Code or Connecting to My College QuickStart without an Access Code lesson plans for step-by-step instructions.
2. Once you’re signed in, click the orange box labeled “My SAT Study Plan.”



3. Click the “Writing” tab and read the introduction.



Review and Practice

Here's what you'll find in the writing section:

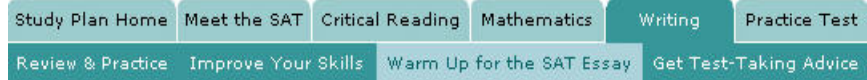
- The SAT® begins with the **essay**. You'll be asked to present and support a point of view on a specific issue. Because you have only 25 minutes, your essay is not expected to be polished—it is meant to be a first draft.
- As on the PSAT/NMSQT®, the SAT has three types of **multiple-choice** questions. Identifying sentence errors and improving sentences both cover grammar and usage. Improving paragraphs tests your revision skills.

4. Answer question 1 on the worksheet.

¹ Occasionally, students will enter conflicting/incorrect identifying information on the PSAT/NMSQT® answer sheet, or during the log-in process, which can cause delays in connecting to the online information. Usually, these delays can be resolved by contacting the College Board. If conducting this exercise as a group, additional time to identify these situations should be added.

My College QuickStart™ Lesson Plan:

5. Click the “Warm Up for the SAT Essay” link.



6. Click the “Strategies for Success on the SAT Essay” link and read the article that appears in the new window.

Read [Strategies for Success on the SAT Essay](#).

7. Answer question 2 on the worksheet.

8. Click the “SAT Essay Scoring Guide” link on the “Warm Up for the SAT Essay” page and read the “Score of 6” section in the pop-up window.



Warm Up for the SAT® Essay

Read [Strategies for Success on the SAT Essay](#).

View the [SAT Essay Scoring Guide](#). This is the same guide used by the two or more readers who will score your SAT essay.

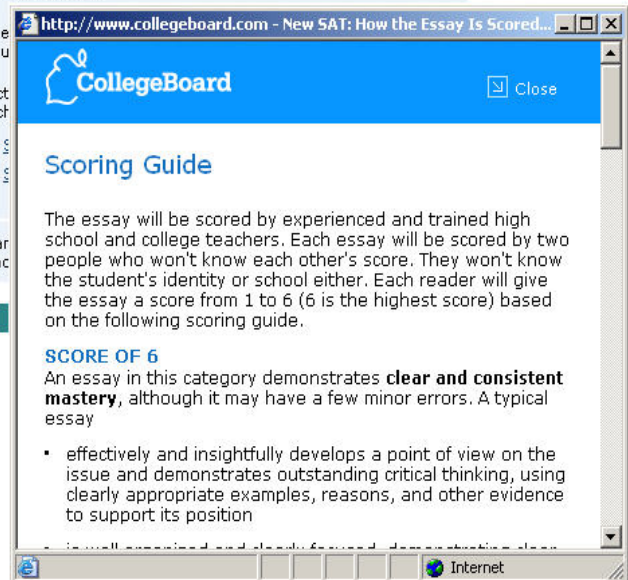
Write an essay in response to this [practice SAT essay question](#). Use a pencil, and allow yourself 25 minutes.

Read essays written by actual students who have been addressed. Learn why each score was given.

[Score of 6](#) [Score of 4](#) [Score of 3](#)

Want to try again? Write an essay in response to this [practice SAT essay question](#). When you've finished, read the [scoring guide](#).

[← Previous](#)



9. Answer question 3 on the worksheet.

10. Click the “Practice SAT Essay Question” link on the “Warm Up for the SAT Essay” page.

Write an essay in response to this [practice SAT essay question](#). Follow the directions, use a pencil, and allow yourself 25 minutes.

Student Assignment (cont'd)

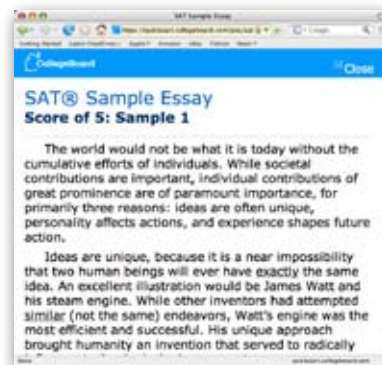
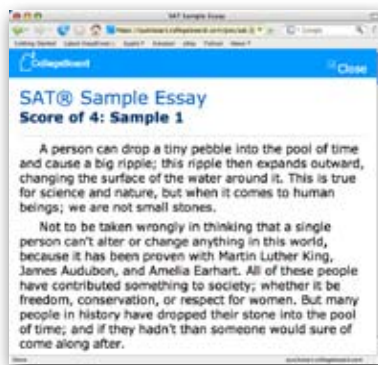
My College QuickStart™ Lesson Plan:

Student Assignment (cont'd)

11. Print the “Practice SAT Essay Question” by right-clicking and selecting “Print.”
12. Pretending that you’re taking a real test, read the practice question carefully. Circle and underline key words and make any notes that occur to you.
13. Take a few minutes to brainstorm and outline an essay in response to the question. Do not start writing the essay.
14. Looking at your notes, answer questions 4–6 on the worksheet.

Optional Assignment

1. Homework (after step 14): Write the essay you planned in class. Give yourself 15–20 minutes, depending on how much time you spent planning (you’ll have a total of 25 minutes to complete the essay when you take the SAT).
2. Follow-up session:
 - a. Sign in to My College QuickStart.
 - b. Click the orange box labeled “My SAT Study Plan.”
 - c. Click the “Writing” tab.
 - d. Click the “Warm Up for the SAT Essay” link.
 - e. Read the scored sample SAT essays, written by actual SAT test-takers, and the annotations that describe why the essays earned the scores they did.



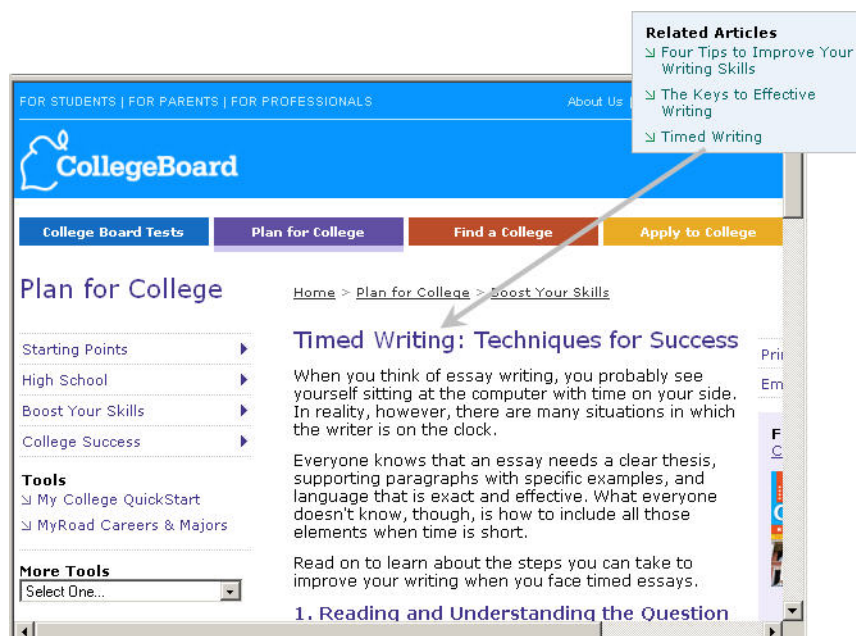
- f. Trade your essay with a partner.
- g. After reading your partner’s essay, discuss the essay’s strengths and recommend areas for improvement.
- h. Click the “SAT Essay Scoring Guide” link.
- i. Use the scoring guide to assign your own essay a score.
- j. Write a paragraph explaining why you assigned your essay the score you did.

My College QuickStart™ Lesson Plan:

Facilitate a discussion about timed writing. Consider having this discussion before delivering the lesson plan.

1. Ask students to share their thoughts on questions like these:
 - How do you feel about timed writing?
 - What techniques have worked for you in the past?
 - Think of a time when you had trouble writing a timed essay. What was the problem? What caused the problem?
 - What do you find to be the biggest challenge in timed writing?
 - How do you change your writing process when you're being timed?
2. Ask students to read "Timed Writing: Techniques for Success." To access the article, click the "Timed Writing" link in the right column of the "Warm Up for the SAT Essay" page in My SAT Study Plan.

Classroom Discussion Topic (Optional)



The screenshot shows the CollegeBoard website interface. At the top, there are navigation links for 'FOR STUDENTS | FOR PARENTS | FOR PROFESSIONALS' and 'About Us'. The main navigation bar includes 'College Board Tests', 'Plan for College', 'Find a College', and 'Apply to College'. The 'Plan for College' section is active, showing a breadcrumb trail: 'Home > Plan for College > Boost Your Skills'. The main content area is titled 'Timed Writing: Techniques for Success' and contains introductory text about essay writing under time constraints. A 'Related Articles' callout box is positioned in the upper right, listing three links: 'Four Tips to Improve Your Writing Skills', 'The Keys to Effective Writing', and 'Timed Writing'. A red arrow points from the 'Timed Writing' link in the callout to the article title on the page.

3. After students have read the article, ask them to address questions like these:
 - What piece of advice did you find most helpful?
 - Why do you think the article recommends highlighting key words in the question?
 - Do you plan your timed essays before you start writing them?
 - What planning methods do you use or think you'd like to use?
 - The article recommends doing more than restating your thesis and main points in the conclusion. What else might you do in a conclusion?

My College QuickStart™ Lesson Plan:

Name: _____

Worksheet: Warm Up for the SAT Essay

<p>Question 1: What advice would you give to a friend about writing an SAT essay?</p>	
<p>Question 2: Now that you've read more, would you change your advice? If so, how?</p>	
<p>Question 3: In your own words, describe an SAT essay that would earn a score of 6.</p>	

My College QuickStart™ Lesson Plan:

Name: _____

Worksheet: Warm Up for the SAT Essay (cont'd)

Question 4: What is the subject of the essay?	
Question 5: What is your point of view on the subject?	
Question 6: What evidence could you use to support your point of view?	